



KFHS CLASS OF 2025



SENIOR YEAR & LIFE AFTER HIGH SCHOOL

College (4-year or 2-year)

Vocational School

Apprenticeship

Training Program

Military

Work after Graduation

Everyone has options. Let's be prepared and have a plan.

SENIOR YEAR TO-DO LIST

- ☐ Create your Parchment account. Parchment allows students to order transcripts for themselves. Students may also order transcripts to send to agencies, colleges, and for scholarships. Students will utilize a non-SPS email. When you graduate, you will no longer have access to this email. Use a personal email address. Students have the option to send transcripts electronically or via mail. The link to Parchment is located on KFHS website or you can visit [Parchment](#).
- ☐ Fill out a Student Self-Evaluation/Activity Sheet. The sheet is located in this packet. Once you complete the sheet in its entirety, give it to your assigned counselor. Your counselor will be able to use this information to complete letters of recommendations as needed. Students should also keep a copy of the form in case they need to ask someone else for a letter of recommendation.
- ☐ Fill out the Scholarship & Awards Committee Sheet. The sheet is located in this packet. Once you complete the sheet in its entirety, give it to your assigned counselor. The scholarship committee will use this information when nominating students for certain scholarships.
- ☐ Sign up for Senior Canvas. Information can be found on KFHS website under the School Counseling page and then on Financial Aid Information [School Counseling Home / Financial Aid Information](#)
- ☐ Utilize KFHS Scholarship Hub. [KFHS Scholarship Hub](#)
- ☐ Check the Senior Class Information page for current senior information.
- ☐ Check the Scholarship Hub on SPS website - <https://www.spsk12.net/domain/877>

The College Route..Is it for you?

*Consider taking Is College the Right Path Quiz

[Is College the Right Path for You? | Zoo](#)

* Is College for Me?

[Is College for Me? | The Jed Foundation](#)

* Benefits of Investing in a College Degree

[Benefits of Investing in a College Degree – BigFuture](#)

* Education After High School: A Guide to College vs. Trade Schools

[Education After High School: A Guide to College vs. Trade Schools](#)

* KFHS College & Career Planning

[School Counseling Home / College & Career Planning](#)

COLLEGE TYPES

Type	Description	Degrees Offered	Admissions
Public	Predominantly funded by public or government funding; may have larger class size	Associate, Bachelor's, Master's, and Doctoral degrees	Each College or University and possibly Major will have their own admissions criteria.
Private	Privately funded; Most of their funding comes from donations and tuition, as opposed to taxes and federal funding; may have smaller class sizes.	Associate, Bachelor's, Master's, and Doctoral degrees	Each College or University and possibly Major will have their own admissions criteria.
Community (2-year)	Have three revenue streams: state appropriations, tuition/financial aid, and local funding.	Short-term certificate & diploma programs that train you for a specific career; Associate	Each College or University and possibly Major will have their own admissions criteria.
Vocational/Career	A school where individuals learn how to do a job that requires special skills for a specific trade. Less expensive.	Vocational certificates. Examples include: carpentry, appliance repair, automotive maintenance, plumbing, real estate, cosmetology, medical coding, dental assisting, culinary arts.	Admissions criteria may differ.

CHOOSING THE RIGHT COLLEGE

www.collegeboard.org – Explore Careers, Majors, & Colleges

[Careers | Life skills | Khan Academy](#) – Features various traditional and non-traditional careers, informative videos and articles

[VA Wizard](#) - Career matching/inventories

[Guide to Online Colleges and Universities - OnlineSchools.org](#) - Explore online Colleges & Universities

[Home : Occupational Outlook Handbook](#) - Occupational Outlook Handbook - Provides information on what workers do; work environment; education, training, & other qualifications; pay scale

<https://www.youvisit.com/collegesearch/> - Explore and virtually tour various college campuses; compare tuition rates.

<https://www.schev.edu/students> - Review sections on preparing/applying/paying for college, making decisions about college, student loans, & other resources

[SCHEV Research](#) - Review higher education data for Virginia colleges & universities.

- ✓ Consider selecting your top 5 to 8 colleges/universities to apply. Colleges may charge a non-refundable application fee. Consider applying to a mix of reach, target, and safety schools. Safety schools so you have at least one option if all else fails; target schools so you have options where you'll be a lot like everyone else; reach schools give you a shot at your dream school.
- ✓ Explore your thoughts regarding the following factors: school size, rural vs urban setting, in state or out of state, cost, financial aid options/awards, scholarship awards, housing options (on or off campus), closed on open campus, campus activities/groups.
- ✓ Be knowledgeable of the admission requirements.
- ✓ Listen/watch for announcements of upcoming college visits/fairs at school.
- ✓ Campus tours – Visit college campuses to explore the campus, student life, academics, talk to current students, etc.

COLLEGE ENTRANCE TESTING

1. Some colleges/universities have moved to make tests optional. However, it may still be beneficial to consider taking the SAT/ACT to be considered for financial aid/scholarships.
2. The SAT and ACT are two examples of college entrance testing. SAT information can be found at [Registration Deadlines for SAT](#) . ACT information can be found at [ACT](#) . Review the college admissions page of the schools you are interested in to see whether they accept the SAT or ACT. Students are able to go online and take practice tests. Students who have taken the PSAT should consider creating a khan academy account and then linking the accounts. Khan Academy will create practice/tutorial sessions based on your performance on the PSAT. These can help prepare you for the SAT. The sessions will adjust when you take the SAT.
3. Students whose native language is not English may take the TOEFL (Test of English as a Foreign Language) to determine their English proficiency. The TOEFL tests prepare students for university study, immigration and more. The TOEFL Essentials test measures the four core language skills — reading, listening, speaking and writing — using a multistage adaptive design, in about 1.5 hours. Visit [TOEFL Test Takers](#) for more information.
4. When registering for the SAT and/or ACT be sure to note the registration and test date. The CEEB code has to be entered for the student's assigned school. The **CEEb code for KFHS is 472204**. Students have an option to send their test scores to colleges, agencies, NCAA, etc.

SAT Dates

Tentative 2024-2025 SAT Test Dates*	Registration Deadline	Deadline for Regular Cancellation & Late Registration
August 24, 2024	August 9, 2024	August 13, 2024 **
October 5, 2024	September 20, 2024	September 24, 2024
November 2, 2024	October 18, 2024	October 22, 2024
December 7, 2024	November 22, 2024	November 26, 2024
March 8, 2025	February 21, 2025	February 25, 2025
May 3, 2025	April 18, 2025	April 22, 2025
June 7, 2025	May 22, 2025	May 27, 2025

*Your registration options will be limited if you aren't taking the SAT for one of its main purposes. (per College Board website) **Subject to change per College Board website.

ACT Dates

Tentative 2023-2024 ACT Test Dates*	Registration Deadline	Late Registration Deadline
June 8, 2024	May 3, 2024	May 19, 2024 **
July 13, 2024	June 7, 2024	June 21, 2024 **
September 14, 2024	August 9, 2024	August 25, 2024
October 26, 2024	September 20, 2024	October 7, 2024
December 14, 2024	November 8, 2024	November 22, 2024
February 8, 2025	January 3, 2025	January 20, 2025
April 5, 2025	February 28, 2025	March 16, 2025
June 14, 2025	May 9, 2025	May 26, 2025
July 12, 2025	June 6, 2025	June 20, 2025

**Subject to change per ACT website.

COLLEGE APPLICATION PROCESS

1. Completing the Application Process

The admission requirements for each university/college are different. Please be sure to check the admission requirements and procedures for the schools you are interested in attending. Familiarize yourself with the following:

- ☐ Early Decision/Early Action – this may be an option, please note whether your choice is binding. Binding means you will only apply to your top choice school.
- ☐ Fixed Admissions – applications are accepted until a specific date and notifications go out around the same time
- ☐ Rolling Admissions – applications are accepted until as late as September and admissions decisions are made upon and notified in the order received. It is best to apply early because enrollment could fill prior to the deadline for admissions.

Go online to fill out your part of the college application on the school's website or use Common App.org [Common App](https://www.commonapp.org/) and/or the Black Common Application [commonblackcollegeapp](https://www.commonblackcollegeapp.org/)

****Note application, financial aid, and scholarship deadlines.**

2. Sending your transcript

Set up your Parchment account [Parchment](https://www.parchment.com/) using your personal email. You will be able to send your official transcripts to your selected schools through Parchment.

The Common App site will send your transcript out to your identified schools. You will have to send your official transcript from Parchment directly to the Common App first.

3. Letters of recommendation

Relationships, Relationships. Please begin speaking with your School Counselor, Teachers, Employer, Coach, and any adult and ask if they will be a reference or write a recommendation letter for you. Provide your references with the deadlines and allow plenty of time for them to complete the recommendation. Consider developing a resume or an activity/interest sheet that provides information on you.

FINANCIAL AID AND SCHOLARSHIPS

1. The ACCESS advisor will assist you in determining the aid you might qualify. In addition, they provide a wealth of information on admissions process, scholarships, FAFSA, etc. Your Access Advisor is Ms. Adrienne Miller and she can be reached via email at adriennemiller@spsk12.net
2. Fill out the FAFSA, Free Application for Federal Student Aid. Please check the FAFSA site for availability. [FAFSA® Application | Federal Student Aid](#)
3. Fill out a Scholarship Information sheet. The form should be returned to your School Counselor.
4. SPS uses Scholarship Hub to share scholarship opportunities - [Scholarship Hub](#); KFHS page - <https://spsk12.instructure.com/enroll/A3GRDP>
5. Scholarship information may be found on the school(s) website you are applying to. In addition, you can google scholarships, and utilize [BigFuture](#) and other sites.

2-YEAR/COMMUNITY COLLEGE

Community Colleges offer students a variety of options/opportunities. Students have an option to earn their Associate's Degree, or pursue Occupational programs or prepare to transfer to a 4 year school. Virginia's two-year colleges have transfer agreements with many of Virginia's public and private 4 year colleges/universities, including a guaranteed admissions programs. Please visit www.vawizard.org

Pros – Community College cost is lower; great way to get a fresh start with academic record, apprenticeship programs

Consider visiting with our Camp Community College representative Mr. Keith Staggs at kstagg@pdc.edu or at 757-803-4576.

ARMED FORCES/MILITARY

Students interested in joining the military after high school should consider speaking with a recruiter when they are at KFHS during lunches/designated times.

Listen for an announcement for ASVAB testing. The ASVAB (Armed Services Vocational Aptitude Battery) is a test required to join the military. It is a multiple-choice test used to determine qualifications for enlistment and career options.

APPRENTICESHIPS

Apprenticeships connect individuals with employers who are willing to train/teach new skills. Training program length is determined by each company/agency.

In the end, if the individual has successfully met the requirements, they may be hired by the company. During training, individuals receive a paycheck and possibly certifications.

More information can be found [Apprenticeship | U.S. Department of Labor](#)

Creating a Parchment Account

https://parchment.my.site.com/s/article/Sign-up-to-order-transcripts?language=en_US

- Before you place your order. You must have an account with Parchment. Go to their sign up page if you need help creating an account.
- You must have added the school you attend to your account.
- If you have Kaspersky Anti-Virus installed and active on your computer, you will not be able to place orders on Parchment.com. You will need to uninstall it so that you can successfully place an order.
- Go to Parchment.com website.

Click on the green **Order Now** button

- Type **King's Fork** name into the **Find an institution** field.
- Once you have selected your high school, you will select the option "Ordering your own credentials or academic records."
- Create your Parchment account by entering your personal email address.
- If you have already created a Parchment account with this email in the past, you will be prompted to sign back into that account. Use the "Forgot Password?" link to reset your password if necessary.
- Next, you will be asked to provide several pieces of enrollment information including enrollment status, name, date of birth, and years attended. Fields including a red asterisk * must be filled out.
- Once you have filled out all of the required fields and created a password, click "Continue."
- Your password must be at least 7 characters long.
- After clicking Sign up, check your email for the verification code and then enter it into the screen you were just on.
- Once you have created your account and logged into your dashboard, you will be prompted to participate in the Inquiries App.
- The Inquiries App will only appear to learners who create their account from a High School storefront AND indicate a "highest level of education" of "Completed high school but not yet enrolled in college" or lower (e.g. 12th Grade, 11th Grade, etc.) during self registration.
- Add up to 5 colleges you're interested in, or opt out of Inquiries by clicking "I do not plan on attending college."
- Add up to 5 academic interests (i.e. majors, degree programs), academic information, and personal information, then confirm your interest in being discovered.

Student Self-Evaluation

1. Name (Last, First).
2. List 3 adjectives to describe you.
3. Are there any circumstances that may have interfered with your academic performance that you would like to share with colleges?
4. What activities or qualities make you stand out from your peers?
5. Who or what experience(s) have had the greatest impact on your life?
6. What major do you plan on selecting?
7. What field are you most interested in pursuing as a possible career? Why?
8. Explain an opportunity that you had to act as a leader. What did you learn?
9. Describe any travel experiences that have impacted your life.
10. What are non-academic activities that are most important to you?
11. What contribution can you make to a college or employer?

Complete on a separate sheet.

******Your assigned counselor may have a form that they utilize.

RESUME

Begin to develop a resume which includes activities while you were in the 9th, 10th, 11th, 12th grades.

School (extracurricular activities; consider holding an office). Some examples include:

DUNGEONS DRAGONS	FBLA
K CLUB	KFHS ATHLETICS ADVISORY COUNCIL
SCA	FEELINGS OF COLOR
ART CLUB	FRENCH CLUB
BULLDOG BAND	KF CONCERT CLUB
BULLDOG CHOIR	KFHS ORCHESTRA
CHESS CLUB	MODEL UN
CODING AND CREATIVITY	NATIONAL HONOR SOCIETY
CROCHET CLUB	NEWSPAPER
DEBATE CLUB	PHOTOGRAPHY CLUB
DECA	PROJECT GRO
DRAMA CLUB	PROJECT SEVEN BIBLE CLUB
E SPORTS CLUB	SISTER CITIES CLUB
ECOLOGY CLUB	THE GOOD CLUB

Get involved in your Community (i.e. Church Activities, Volunteer at an agency).

Consider obtaining work experiences and include type, employer, and dates of employment.